



# Webinar

On

**Integrated Yoga Prana Vidya System : A Way of Healthy Lifestyle**

Organized by

**Department of Psychology**

**Akhilabhagya Mahavidyalaya Ranapar, Gorakhpur**

Date- March 07, 2021

Time- 2.00 PM- 4.30 PM



**Eminent Speaker**

**Shri N. J. Reddy**

Wing Commander (Veteran), Indian Air Force  
& Founder Yoga Prana Vidya System, Sri Ramana Trust  
Tamil Nadu

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